

Be aware of **cystitis**.





WELCOME

RECAP GENESIS

RECAP ULTIMATE GOAL

WANT TO KNOW MORE?

TOPICS

A UNIQUE TOOLKIT

IMPROVED MANAGEMENT OF CYSTITIS

HOW TO USE RECAP

RECAP IS LIVE!

RECAP PANEL

## WHY

There is a need to fill the gap between doctors' perceptions and patients' needs in the field of recurrent **cystitis**.

## WHAT

Raise awareness of rUTIs, with a focus on recurrent cystitis. As well as creating medical ambassadors able to spread knowledge of best practice in the management of cystitis, to lower disease burden on healthcare systems and patients.

## WHO

The Recurrent Cystitis Awareness Program (RECAP) board is a panel of 10+ international experts in urological infections, who have worked together to develop an educational tool summarising the latest data on diagnosis, management and prevention of rUTIs.

## HOW

By achieving consensus on disease management, disseminating guidelines, promoting the use in clinical practice of simple tools for diagnosis and risk prediction and by helping patients to seek the best care possible.

## TO

Improve the dialogue between doctors and patients, as well as their quality of life!

A word from the expert:  
**RECAP genesis**



**Prof. José Tiran Saucedo**  
Infectious Disease Gynaecologist, Mexico

# Why RECAP is born?

High unmet needs in the recurrent cystitis area



Almost **1 in 2** women will have **cystitis** in their lifetime



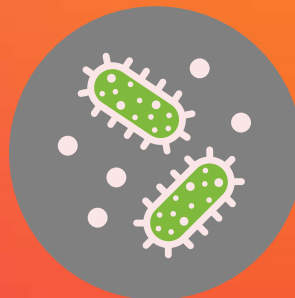
Antibiotic treatments are used too often



Physicians' involvement can be too low compared to **patients'** expectations.



Of these, **1 in 3** will suffer from at least one recurrence.



Antibiotic-resistant infections could cause **10 million deaths** per year by 2050.

A word from the patients:  
**How do they really feel?**



# What is RECAP ultimate goal?

Raise awareness of recurrent cystitis



With the goal of **bridging the gap** between  
**health care professionals' perceptions...**



...and **patients' needs**, in order to **improve**  
**the quality of medical care and women's lives.**

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A word from the expert:  
**RECAP ultimate goal**



**Prof. Agnaldo Lopes da Silva Filho**  
Gynaecologist, Brazil



# Want to know more?

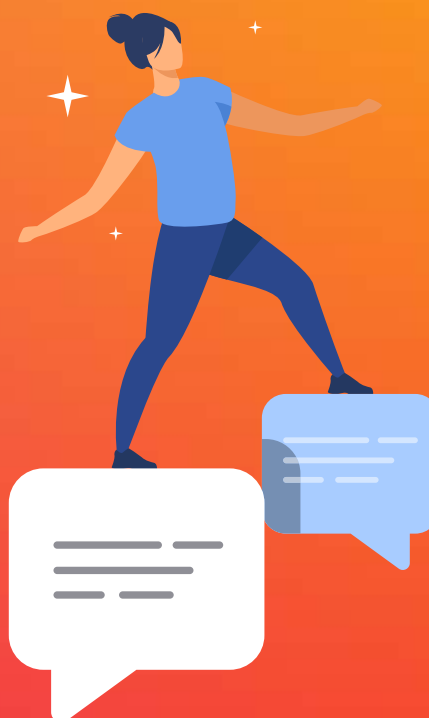
Have a look at our videos



## Health Care Professional



## Patient



**A unique toolkit,**  
designed to help both doctors and patients



**RECAP** is the ideal tool for discussing  
the various aspects of recurrent cystitis, such as:

**Disease  
Burden**

**Diagnosis &  
Prognosis**

**Disease  
Management**

**Antimicrobial  
Resistance &  
Stewardship**

**and many  
more...**

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A word from the expert:  
**A call for action**



**Prof. Gernot Bonkat**  
Urologist, Switzerland



**A unique toolkit,**  
coming with different kind of materials



**Become a local medical ambassador and  
spread your knowledge thanks to:**



Insightful **interactive PDFs**  
for congresses or  
advisory boards



Self-explanatory **infographic  
posters** for your waiting rooms  
and flyers distributed to your  
patients



Multimedia and interactive  
**leaflets to efficiently** inform  
your patients and colleagues



**Digital questionnaires** to  
simplify diagnosis and  
risk assessment



**Video interviews** in which experts  
address the key issues in a  
sensitive way



A **website** to retrieve anything you  
and your patients want to know  
about cystitis



# What are the basis

for improved management of recurrent cystitis?



Accurate diagnosis



Awareness of global antimicrobial resistance



Following guidelines recommendations

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A word from the expert:  
Women should be supported



Prof. Kurt G. Naber  
Urologist, Germany



# RECAP is for both...



## Health Care Professionals

- Latest information available on recurrent cystitis within the **website**
- Facilitated communication with patients thanks to **leaflets & digital questionnaires**
- **Infographics** to be displayed in waiting rooms
- **Interactive PDFs** to be used for round tables or hospital trainings, to discuss several topics about recurrent cystitis and its environment within peers
- **Expert's videos interviews** to address key issues

## ...and patients

- Latest information available on recurrent cystitis within the **website**
- Improved & facilitated access diagnosis thanks to **digital questionnaires**
- Simple **infographic** to help differentiate facts from myths



# RECAP is live!



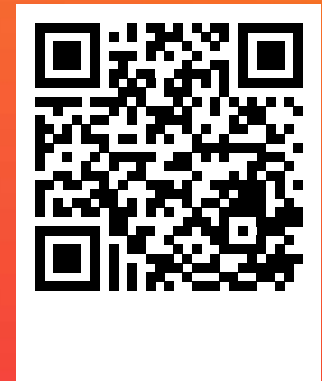
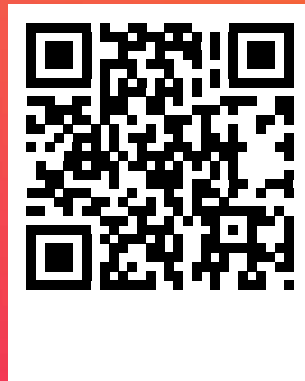
## The RECAP-Website



## Scientific publications



## Digital questionnaires



# The RECAP Board



**RECAP** (REcurrent Cystitis Awareness Program) is endorsed by a panel of 10+ international experts in urological infections \*

For more information, contact us:



[info@recap-cystitis.com](mailto:info@recap-cystitis.com)

